

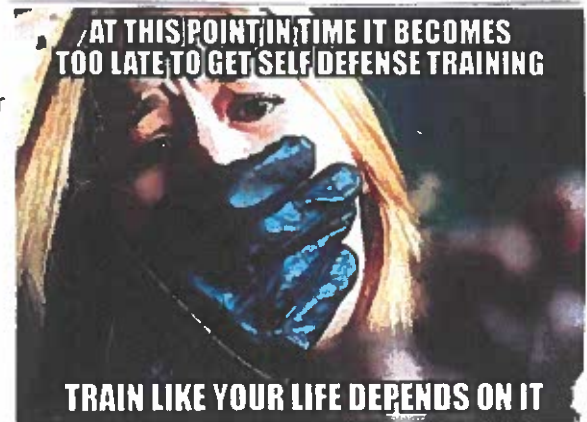
43rd Annual Free Personal Safety And Women's Self-Defense Class SUNDAY, MARCH 5, 2023 - 1:00

This Class is Designed to Teach Women
how to react and defend against situations
they may be confronted with in the street.
(Bring a Friend or Your Daughter, age 12 and up)



NANCY CALIGURI

8TH Degree Master Instructor
48 Years Experience



At the: Academy of Martial Arts

3020 Leechburg Rd • Lower Burrell, PA 15068

SNOW DATE MARCH 12th 1:00

ATTENTION: THIS CLASS COULD SAVE YOUR LIFE!!!!

.....
WOMEN'S SELF DEFENSE CLASS

TO RESERVE YOUR SPOT:

EMAIL: acadc21@aol.com

TEXT: 724-713-2339

Academy of Martial Arts

3020 LEECHBURG RD, LOWER BURRELL