

# **45th Annual Free Personal Safety And Women's Self-Defense Class FEBRUARY 16, 2025 – 1:00**

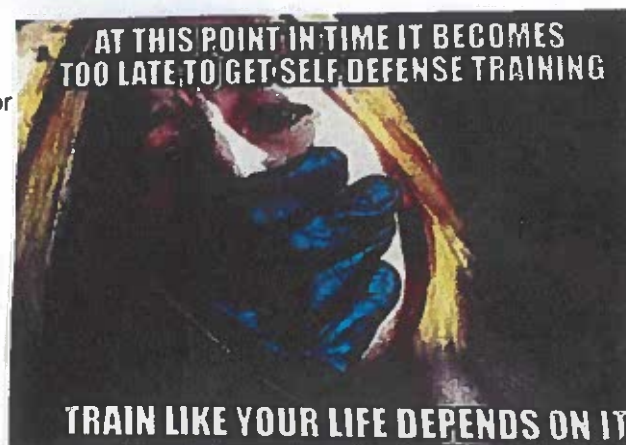
This Class is Designed to Teach Women  
how to react and defend against situations  
they may be confronted with in the street.  
*(Bring a Friend or Your Daughter, age 12 and up)*

## **MASTER INSTRUCTOR: NANCY CALIGURI**

9<sup>TH</sup> Degree Master Instructor  
50 Years Experience  
Former State & National  
Champion

## **KELLI CALIGURI**

3<sup>RD</sup> Degree Instructor  
45 years Experience  
Former State & National  
Champion



**SUNDAY, FEBRUARY 16, 2025 1:00**

**At the: Academy of Martial Arts**

3020 Leechburg Rd • Lower Burrell, PA 15068

**ATTENTION: THIS CLASS COULD SAVE YOUR LIFE!!!!**

**WOMEN'S SELF DEFENSE CLASS**

TO RESERVE YOUR SPOT:

EMAIL: [acadc21@aol.com](mailto:acadc21@aol.com)

TEXT: 724-713-2339

**Academy of Martial Arts**

3020 LEECHBURG RD, LOWER BURRELL